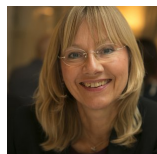


Ma Vie - Gesund leben



Ma vie - Gesund leben is the magazine for complete health awareness and guarantees excellent medical journalism by the health experts of the *BurdaLife* Health Agency. *Ma vie - Gesund leben* is aimed at women who want to remain actively healthy and looks at body, mind and soul from a holistic perspective. The magazine supplies a new, integrative point of view, which connects the best from school medicine, naturopathy and behavior therapy, is scientifically founded, but nevertheless generally understandable. The magazine is coach and counsellor at the same time: It motivates to more attentiveness and self-management in the health range, without patronizing the readers.



Silvia von Maydell
Redaktionsleitung

Silvia von Maydell ist seit Herbst 2016 Leiterin der BurdaLife Health Agency und hier u.a. für die Marken *Ma vie - Gesund leben* und das Online-Health-Portal *mylife* verantwortlich. Zuvor war von Maydell beim Pabel-Moewig-Verlag als Chefredakteurin für Frauen-Titel (u.a. *Mini*, *Mach mal Pause*) tätig.

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